



Carson Valley Trails Association Invites You To Join Our

HIKE FOR HEALTH TRAILS TOUR

A Day to Explore & Enjoy Our Local Trails

Saturday, September 17, 2011 — Free



7:30 TO 10:30 A.M. BIRDING UNDER NEVADA SKIES WITH JIM WOODS ON THE BENTLY-KIRMAN TRACT TRAIL

Meet at Bently-Kirman Tract Trailhead on Heybourne Rd. 0.5 miles north from Stephanie Ln. Join Jim Woods from Birding Under Nevada Skies for a birding and Carson River adventure.

Distance and difficulty: 2 to 3 miles, easy/moderate, flat terrain



11 A.M. TO 2 P.M. CARSON VALLEY DISCOVERY TRAIL HIKE

Meet at Eagle Ridge Trailhead located next to the water tank 1.8 miles north of Genoa off of Jacks Valley Rd. on Adams Ranch Rd. Join CVTA Trail Access VP Jeremy Vlcan and hike a portion of the new Carson Valley Discovery Trail from the Eagle Ridge Trailhead to Sierra Canyon Trail. Enjoy breathtaking valley views!

Complimentary snacks and water will be provided at this location.

Distance and difficulty: 4 miles, moderate, rolling terrain



2:30 TO 5 P.M. "FOREST BUGS & CRUD" FAMILY NATURE HIKE ON THE FAY-LUTHER TRAIL

Meet at Fay-Luther Trailhead located on Foothill Road 4.5 miles south of Kingsbury Grade. Join Gail Durham, Forest Health Specialist from the State of Nevada Forestry Division, on this family-friendly, educational hike.

Distance and difficulty: 2 to 3 miles, easy/moderate, rolling terrain



Come for one adventure or all three! If you come for all three, bring snacks or lunch and water. All participants must register and sign a waiver and release agreement at the first event attended. Parent or guardian signature required for participants age 17 and under. Please do not bring dogs to this event.

More Information: 775-265-0766 or www.carsonvalleytrails.org

The Carson Valley Trails Association is a nonprofit 501(c)(3) volunteer-based organization working with partners to provide access to public lands through a recreational trail system for present and future generations to enjoy.